

UPDATE AND DISSEMINATION OF THE COLLECTION OF EVIDENCE-BASED PRACTICES FOR CHILDREN AND ADOLESCENTS WITH MENTAL HEALTH TREATMENT NEEDS

STUDY PLAN

Study Mandate

- The Commission on Youth is directed to:
 - Revise the *Collection of Evidence-Based Practices for Children and Adolescents with Mental Health Treatment Needs 5th Edition* (the “Collection”). The *Collection* is to be revised biennially pursuant to Senate Joint Resolution 358 (2003);
 - Seek the assistance of the Study Advisory Group, the Secretary of Health and Human Resources, the Secretary of Public Safety, and the Secretary of Education;
 - Make the *Collection* available through web technologies; and
 - Develop a cost-effective and efficient dissemination method.

Issues

- The *Collection* was originally published in 2002, has been updated biennially, and is currently in its 5th Edition. The *Collection* is updated with the assistance of an advisory group of experts and is tailored for parents, caregivers, educators, service providers, and others with an interest in children’s mental health.
- The *Collection* provides information about evidence-based practices for children and adolescents with mental health treatment needs and includes information on screening and assessment instruments, juvenile offenders, antidepressants and the risk of suicide, and commonly-used acronyms.
- Disorders included in the *Collection* are presented as classified in the *Diagnostic and Statistical Manual Fourth Edition Text Revision* (DSM-IV-TR) of the American Psychiatric Association (APA). This resource was published in 2000 and is considered by practitioners throughout the world to be the definitive source used to classify mental health disorders. Insurance companies frequently require an official *DSM* diagnosis in order to cover the costs of medication or therapy.
- A comprehensive revision of the diagnostic criteria set forth in the 2000 edition has been completed and the *DSM-5* will be published May 2013. The American Psychiatric Association has made several significant changes to the categorization of disorders included in the *DSM-5* which will impact future editions of the *Collection*. Anticipated changes are expected to include the following:
 - replacing substance abuse and substance dependence with the single category of “substance use disorders”;
 - creating of a single diagnostic category of Autism Spectrum Disorder and reduction of the diagnostic criteria;
 - changing the three attention deficit hyperactivity disorder (ADHD) subtypes;
 - adding a new disorder, hoarding disorder;
 - adding a new disorder in children, “temper dysregulation with dysphoria” to describe negative mood with bursts of rage; and
 - revising criteria for some eating disorders, including creation of a separate “binge eating disorder” distinct from bulimia.
- Significant revisions will need to be made to the 5th Edition of the *Collection* during the 2013 study year to incorporate these and other necessary changes.

Study Activities

- Re-convene the Advisory Group to determine the scope of the next biennial update
- Identify parameters and limits of update
 - Disorders/illnesses and treatments to be included
 - Name of resource
 - Resources to be included
- Identify and examine sources of evidence-based research
 - Effective models for replication (national, state, and local models)
- Re-organize the content based on the *DSM-5*
- Partner with other agencies on dissemination
 - Governor's Task Force on School and Campus Safety
 - Local Education Agencies/School Divisions
 - Office of Comprehensive Services and Department of Behavioral Health and Developmental Services
- Identify goals, strategies and mechanisms for continued dissemination of the *Collection*
- Identify funding for dissemination of print editions
- Identify additional partners and participants in biennial update and training initiatives
- Develop recommendations:
 - Suggested modifications to *Collection*
 - Partnership or agreement with partner organizations for biennial update
 - Legislative or budget proposals
- Present findings and recommendations to the Commission on Youth
- Complete report to the General Assembly